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Q MAGAZINE

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q comment:



I am very thrilled and honoured to have been asked to be a Champion of Pride365. If you would like to know more, please do not hesitate to contact me any time - preferably via brett.hayhoe@gmail.com

Pride 365 has a mandate to bring an end to pink-washing and ensure that only those businesses that are truly authentic and consistent with their support of the LGBT+ community should stand out from those that don't.

Every business or organisation that publicly commits to incremental improvement towards inclusive practice and authentic support with Pride 365 is another step in the right direction. However for all we do, the global phenomenon of pink-washing is so far reaching and entrenched in normalcy that though unfortunate, we cannot achieve its end alone.

And so we require help from those who see value in our mission.

Champions of the Pride 365 Movement come from all walks of life and will use their public influence to help spread our message for positive change for the LGBT+ community and the world.

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Brett Hayhoe t/a Q Magazine
ABN 21 631 209 230

q feature: **BRECIK - ALL THE WAY**

During this time in isolation I have been sitting back and listening to artists that I really enjoy and their greatest hits. I felt really inspired and as I sat there listening to a few tracks of my own, I was really proud of the colourful history of these tunes. I thought... there's no better time to put all of my best tracks together, some that were released as singles and some that probably should have been!

So I decided to create a few new songs, release songs that have never been heard before and bring back my previous hits to create the greatest hits collection 'BRECIK – ALL THE WAY...'

After releasing three albums and three EP's I gratefully had plenty of favourite tracks to select from. Considering the amazing feedback and some very special dm's on Instagram, I concentrated on the songs and what they meant to me and why I originally decided to record them. It was a lot of fun, and from these conversations 'BRECIK – ALL THE WAY' was created. Twenty Five tracks that really define me as an artist and my life through music.

'BRECIK – ALLTHE WAY...' starts pretty much at the beginning with one of the first songs I ever recorded 'Breakaway' a cover of the 80's Big Pig classic, I hadn't long been living in Melbourne was out doing a few gigs but I really wanted to cement my own sound. My latest track is a fantastic new version of The True Queen of Australian music, Kate Ceberano's 'Bedroom Eyes'.

'BRECIK – ALL THE WAY...' travels through the emotional connection with the song 'Run Silent' one of my true favourites recorded with my friend Miss K, to the playful side of 'Dirty Mind' and 'Pulsatron'. Mix that in with the shade thrown in the song 'You Will Never Be Her' (my original song for the 'Real Housewife' herself Gina Liano) and the haunting sounds of the songs 'Words' and 'Stay' featuring Ms Ari

I am proud of the personal and beautiful tracks 'That's What I Call Love' and 'You're The One' plus my original song 'Breakdown' which was released around the world and used on fashion runway shows. There are new tracks that have never been released before, 'Behave Yourself' and 'The Lie' plus fun remixes of my original tracks 'I Don't Need It' and 'Photogenic'

All the songs are a real journey of my past which will blend beautifully into the future.

During the creation of 'BRECIK – ALL THE WAY...' I took time to appreciate the different members who all played a part in the Brecik journey. Amazing singers including Miss K, Ms Ari, LaLa and Dallas Skye to guest starring rappers like Hani, It's Mac and NateNate having a go. I loved it when guitarists like Chris and Dan would play. The producers who I had so much fun with such as Stuart Stuart, SonicBoy, Sam Panetta and the amazing Jeffol! It was really special to me to have my best friend Kim not only in numerous videos but also record some vocals.

I have achieved so much that I am grateful for - I get to do what I love and what is my passion, I create new material, I perform live, I have participated in video clips that were really a lot of fun, if only there were behind the scenes for them all.

I have performed live with some of the greatest performers such as Vanessa Amarosi, Tina Cousins and Melissa and I am proud to have performed live for my community all around Australia, including events for the Sydney Gay & Lesbian Mardi Gras, Victoria Pride March and Brisbane Pride plus numerous clubs in every state and scene. I got to work and meet people who have really shaped the person I am today - Music is such a Powerful Tool - music has the ability to transform, to create joy and laughter and really take you inside of yourself for some great reflection! We all need music - especially at this time where we are isolated - keep the joy and love flowing through your favourite collection of songs.

Putting this greatest hits collection together for you has been an amazing experience and I hope that the songs either bring back memories for you or form part of you creating new ones!

This is by no means the end - I am excited to be back in the studio working on some really great new tracks that I can't wait to get out there, but while this is in the process of being created, enjoy the journey so far with 'BRECIK – ALL THE WAY...'



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q cuisine: with HOBBY CHEF CHAPMAN

OUT OF AFRICA

Cod with Sukuma Wiki

Sukuma Wiki is an East African dish made with collard greens (Sukuma), onions, tomatoes and spices – I substituted the Sukuma it with spinach. It is quick and easy prepared, and although the ingredients are pretty standard, the combination is very delicious. I chose to serve it with some fried cod.

Preparation I

Marinate the pieces of cod in a few tablespoons of Kikkoman Ponzu sauce or plain soy sauce and a squeeze of lemon and set aside.

Thinly slice the onion. Pluck away the stems of the fresh young spinach leaves and wash them carefully. Cut the cherry tomatoes in half and the larger ones into small pieces.

In a large frying pan, cook the onion slices over low to medium heat until they start to soften. Add the cumin and turmeric powder and stir, then add the spinach leaves and let them wilt. Finally, add the tomatoes and four tablespoons of water and let the mix simmer until the cherry tomatoes are soft – season with salt and pepper to taste.

Take the cod out of the marinade and dab the pieces dry – season with little salt and pepper. In a bit of oil gently fry the fish on medium heat on both sides until cooked. Do not over-cook the fish.

Serving I

Spoon the Sukuma Wiki onto the plate and place the cod next to it.

Drizzle some of the Sukuma Wiki juices over the cod and finally squeeze some lemon juice over all or serve with a lemon wedge.

Ingredients I

Serves 4

4 pieces – 300 g each Cod or other fish

6 Tbsp Kikkoman Ponzu sauce

1 Fresh spinach

1 Onion

4 hand-full Mixed coloured cherry tomatoes

1 tsp Cumin powder

1 tsp Turmeric powder

1 Lemon

4 Tbsp Water

Salt and pepper to season

Oil to fry



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q life: with GABRIEL TABASCO

The Story of a Dutch Cam Boy

In last month's article we talked about webcam performances and referenced Paul from the Netherlands who performs on Cam4.com as BillyShowOff. Indeed Paul often does just that: takes his kit off, gets hard and wanks his Saturday afternoon away as multiple men and some women look on as he performs. His cock seemingly getting bigger and his balls tighter as he works up towards a climax for all to see. The comments would come streaming in and Paul, lying there relaxed, calmly working his cock would answer as many questions as possible. Ah... such is the life of a cam boy. I caught up with Paul who agreed to give Q Magazine an insight into his life as a performer on Cam4.

Tell us a little about yourself?

I'm Paul, 49 years old and I live in the Hague, in the Netherlands. I'm 1.78m tall and I weigh 74kg. I have a full-time job as a design engineer. My hobbies aren't spectacular, the usual like hanging out with friends for drinks, dinner, watching movies, travelling, going to dance parties, art, music and watching TV.

How long have you been performing on camera?

Around 12 years. How time flies.

How did you get into performing on public cam?

I remember, in the beginning of this century, that a few pioneers gave the whole world a look into their home, bedroom, and even their shower. Sometimes during the whole day such as live streaming. That was such a turn on for me. Ever since I stumbled upon websites which offer the possibility to cam for an audience or with others, I knew I had to do that.

How long does a typical show last? (And is that how long you last?)

Performances can vary a lot. During the weekend I can take my time, and I love the feeling of edging. Jerking off slowly and stopping before I come. However often I don't even come. I enjoy jerking off and performing. And on weekdays or during evening I love a quick wank before going to bed.

Why do you enjoy it?

I just love the game of watching others perform and being watched. I love the way it makes me shameless to show everything, including my face. Being able to be so bold is exciting because the performers who aren't in it for the money don't do that. I may seem bold on cam but in reality I am quite shy.

Why did you opt to perform on Cam4 as opposed to other platforms such as Chaturbate?

I like to use a platform which is not about one-on-one camming. I like to have an audience. Anyone can watch. As long as I can have a private chat with viewers or other performers who I like and fuel me. Several platforms offer this obviously but I just started to use Cam4 more regularly and grew a following. That is the reason why I chose to stay there. I used Chaturbate too but that just isn't as easy in terms of messaging off-cam. I like to interact with certain viewers and performers, and I like to stay in touch with the ones who are worth it.

On cam we can't help but admire your cock. How big is your cock in length and girth? Are you ever worried about not measuring up? What comments have you got?

Would you believe me if I say, I wouldn't really know exactly? As far as I know, I'm average. Maybe slightly above but it's not a big thing for me. Penis size is important for lots of viewers and a big dick helps attract lots of viewers, but many of these men show just that and nothing else, not even their face. Watching others, I focus on the whole picture, wanting to see at least most of the body, and preferably a sexy face too, if they dare to show it.

Have you ever been recognised as a performer? If yes what was it like?

Oh yes, several times. The first time I found out I was shocked. I probably quit camming for a little while. But if you have an exhibitionistic streak, you need to let it out and act on it. So slowly I just got used to the idea of people I know see me perform. There are probably a few more who know me, saw me perform, and did not dare to tell me they saw me.

On one occasion I was out and about in a crowded bar and a total stranger whispered 'Billy' in my ear. It was a huge turn on for me. Guys from my wider circle of friends but also very close friends watch me sometimes. Nobody is forced to visit cam sites and especially not my cam. So if they do then it means they like to, which turns me on. It's an extra thing to enjoy now.

Are you ever worried a colleague would recognise you?

That does worry me sometimes, although I try not to think about it. I have a good job. So I don't perform for tokens, I don't need them. I probably fool myself by telling myself my colleagues aren't the type to look at men on webcam sites. And if they do, they are closet cases or naughty women. Harmless, hopefully.

What's your speciality when you perform? Do you have a set theme?

I'd say 'full exposure' is my thing. Face, body, cock and ass are on display most of the time. I don't know how viewers see me but I consider myself a regular guy; the guy-next-door type. Unfortunately, I still smoke which some viewers find hot to see, but I do want to quit. Usually I wear sports socks just because I tend to get cold feet. But viewers are welcome to do requests to show my bare feet or to wear sneakers or other items. You never know, I might meet your wishes. But viewers should also remember that I am in control of what I show.

Is there anything you want to get out of camming, such as become a pornstar? Or do you do it just for the fun of it?

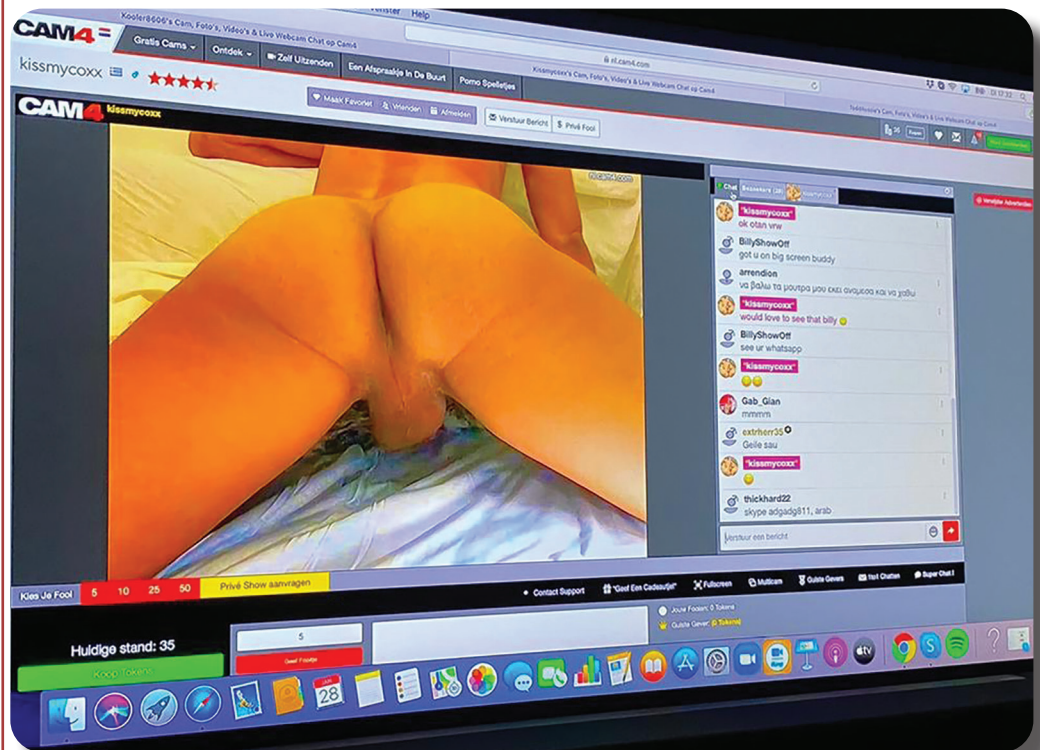
Isn't camming also a form of porn? In that sense there's no difference between getting off watching professionally made porn or looking at amateur guys showing off their stuff on a webcam. The difference is that I don't get paid for it, I just like to have fun. The occasional tip I receive I always spend on other guys performing. Being a 'real' pornstar is a hot fantasy though. But that's just it.

What advice do you have for new performers?

I'd like to begin by giving advice to viewers. Be respectful and not demanding. If a performer doesn't fulfill your needs, move on to another cam, there are plenty others.

For performers: if the idea of showing yourself off is appealing to you, you probably are in some way an exhibitionist. Do it because you like it and not for money. If making money is your main goal, you will probably get frustrated, so just appreciate the occasional tip as a compliment. Cam performers who are just waiting to get tokens before they do anything are boring to watch. It is a big turn-off for me. Use your own kink in how you want to display yourself. If you are bit consistent in that, your following will grow gradually. But beware, camming can be addictive.

Check out Paul's Cam4 page www.cam4.com/billyshowoff and his twitter www.twitter.com/pornluvrshowoff



q serial: PORN STAR - EP 3

I arrived in Los Angeles early one Monday morning after driving across the continental US. It was the beginning of summer and I was tanned, felt relaxed and ready for my new adventure for a career in porn. Having moved from Florida to California, knowing no one in town and having nowhere to stay, the first thing I did was look for available rooms to rent. I had no real idea what I was doing, not having done any research on which areas to live in or the real estate. All I knew was that the porn industry was located in the San Fernando Valley, which was on the other side of the hill with the Hollywood sign. If I wanted a career in porn, wouldn't that be the logical place? I logged online and made appointments for viewings for that afternoon. Rather than look for a place of my own I decided to rent a room. That way I would meet more people and it would give me more flexibility in deciding where to settle.



Some of the rooms I saw were just awful, with paint peeling off the walls, or stained carpets (carpets! In LA!). While for others the room was nice but the landlord was odd. As the sun was beginning to set and since I still had not found a place I was beginning to worry. I had only been in LA for one day but I wanted to find a place quickly.

By the fifth appointment I knew I found the place I wanted to rent. It was a room, a small apartment really at the back of a large house. The garden was filled with palm trees, bushes and shrubs and even had a small pool in the middle of it. The owner of the house was Mr Humphrey, an old man who rented out his rooms to actors and mostly gay men who arrive in the city.

'Kind of like you,' he said smelling either the gayness or my freshness of being in LA. Mr Humphrey, smiled as he showed me around his home. Just his kind demeanour made me decide to take the room. The house, with its yellow and blue tiles that lined his living room walls and the smell of laundry, as well as the pool and garden was a bonus.

'So what brings you to LA?' he asked me.

I hesitated answering. I expected to be asked that question but I was taken aback when I was finally asked it. What should I respond with? Should I lie? In the end I decided to be honest and tell the truth. He would find out anyway and why risk anything by being deceitful?

'I'm here to begin my career in porn,' I said and braced myself for a response that would show me the door.

'Oh how interesting,' he said, as if he half expected that reaction. 'I had a few of those porn star wannabes come in and rent the room from time to time.'

'Oh cool,' I said. 'And are they in the industry? Where do they live in LA? Can you introduce me to them?'

'I sure can introduce you to them but they probably won't help you. They're probably back on their farm in Nebraska or Montana, or whichever midwestern state they come from. Didn't last long in LA. Nice bodies. Nice smiles. But not willing to put in the grit to make it as a porn star. A smile and a small-town attitude will only get you so far in this city,' he went on. 'Though it will open some doors,' he added as an afterthought.

Hearing Mr Humphrey I was left winded.

'Is it really that tough?' I asked him.

'Oh son, I wouldn't know,' he said. 'But I do know that those guys came in, stayed three months, did stuff they didn't really want to do, probably gave a few blowjobs as a promise for a role, didn't get the role, and seeing that it was going nowhere decided to leave for home. Or maybe they got one or two parts, and then decided it was not worth the endless auditions, difficult directors, mean gay colleagues and left. Yes, I know you're kind, the ones that want it all but are not willing to put in the time. I hope you're as hardworking as you are cute,' he said scaring me and complimenting me at the same time.

I once heard the phrase: if you haven't made it by the age of 30 you'll never make it. Now as I entered my new profession it never rang more true. What if I was about to set myself up to fail?

'So you want the room or what?' he asked, snapping me out of my thoughts.

'Sure, I'll take it,' I said, not only liking the room but liking Mr Humphrey who, I had the feeling, would become my new LA advice guru.

I moved into the small apartment at the back of the garden a couple of days later having stayed in the hotel I booked until then. It also gave me some time to buy furniture such as a new bed, shelves, and a TV. I had a small kitchen which I knew I was hardly going to use, and for such a small space I had both a bathtub and shower, which I was going to use all the time.

As part of my tenancy I could also use the pool as much as I wanted.

'But no pool parties,' Mr Humphrey warned me. 'I don't want to be kept awake at night by all your shenanigans.'

'Would it be possible if I used your pool for some photoshoots? You know... for my auditions?' I asked him.

He paused a moment and looked at me. I was sure he would reprimand me.

'Sure,' he said his face breaking into a smile. 'And if you make it big then give me a signed photo of you naked in my garden.'

Please feel free to contact Gabriel at gabrieltabasco99@gmail.com



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q pride: BAREFOOT OF COURSE

Continuing to #MarchOnward as a longtime ally to the LGBTQ+ community, Barefoot proudly launches its new, limited-edition Pride Packaging Collection. The collection comes in four unique designs, with each design honoring the strength and resilience of the LGBTQ+ community.

A portion of the proceeds, up to \$60,000, will benefit Free Mom Hugs, a non-profit organization consisting of parents and allies who love the LGBTQ+ community and work toward full affirmation and equality for all. Free Mom Hugs was founded by Sara Cunningham, who became an accidental activist when she wore a homemade button with the words "Free Mom Hugs" to a Pride parade to support her gay son. She received hundreds of hugs from attendees whose parents abandoned them when they came out. She later had a social media post go viral when she volunteered to be a "stand-in mom" at LGBTQ+ weddings.

In addition to the many educational programs Free Mom Hugs hosts annually, the organization embarks on its signature Free Mom Hugs Tour visiting cities and sites of historical significance to the LGBTQ+ community. This year, Barefoot will be a proud supporter as the tour becomes a virtual experience to celebrate Pride during the 2020 season.

"Free Mom Hugs is overjoyed to have a partner in Barefoot, a brand deeply committed to celebrating the LGBTQ+ community and supporting our mission to advocate for and advance equality and acceptance for all. This donation allows us to continue providing educational resources and training programs to support the LGBTQ+ community and their families. The needs have exponentially increased during this challenging year for the LGBTQ+ community. We are looking forward to when we can hug again," says Sara Cunningham, Founder of Free Mom Hugs.



Each of Barefoot's four new vibrant Pride Packaging Collection designs celebrates those who have made a significant impact on the community during Barefoot's 30+ year history of allyship and will be featured on packaging of Barefoot Brut Rosé Bubbly bottles and Barefoot Rosé Spritzer cans. Each Pride Packaging Collection design pays tribute to distinct groups of people or organizations, including:

- Community members and allies who have fought for marriage equality
- LGBTQ+ trailblazers around the world who publicly use their voices to celebrate the community and advocate for LGBTQ+ causes
- The decades-long efforts of the heroic service organizations who have fought the HIV and AIDS epidemic and supported those impacted
- Pride celebrations around the world that bring millions of people together to honor the community and advocate for equality

"As a longstanding LGBTQ+ ally, our unique and fun limited-edition Pride Packaging Collection serves as a tribute to the LGBTQ+ community," says Anna Bell, Vice President of Marketing at Barefoot.

"We are so honored to provide support to a wonderful and necessary organization, Free Mom Hugs," adds Bell. *"Barefoot is inspired by the work that this organization does to advocate for, and celebrate, the LGBTQ+ community. This is especially true this year when we know how important it is to connect to our communities."*

The full collection will be available to purchase in stores nationwide starting May 1.

q book:



Vintage | RRP \$32.99 | Trade Paperback | 28 April 2020

Kathy Lette, Australia's long time champion of women is back. From *Puberty Blues* to now, *HRT: Husband Replacement Therapy*, Kathy has always charted women's lives and is unerring in her insights and understanding of what it is to be a woman of a certain age. In her new work and in her trademark, warm and witty way, Kathy explores:

- Older women feeling unappreciated as they are shouldering much of the housework, caring and maintenance of relationships.
- Women redefining their lives post menopause, no longer content to adopt the stereotype of the 'old crone'.
- The power of women's relationships with their friends/sisters and how they support and uplift each other through both good and bad times.
- The ups and downs of marriage and sustaining long relationships, especially when it comes to sex
- Cheating, betrayal and why long term marriages often breakdown
- Toxic mothers versus helicopter parenting
- Children staying at home for longer and becoming infantised
- Older women coupling up with younger men and how the generational differences can play out
- Role of hormones in women when they are post-menopausal and how they can impact on women's lives in particular how they lose estrogen and gain testosterone

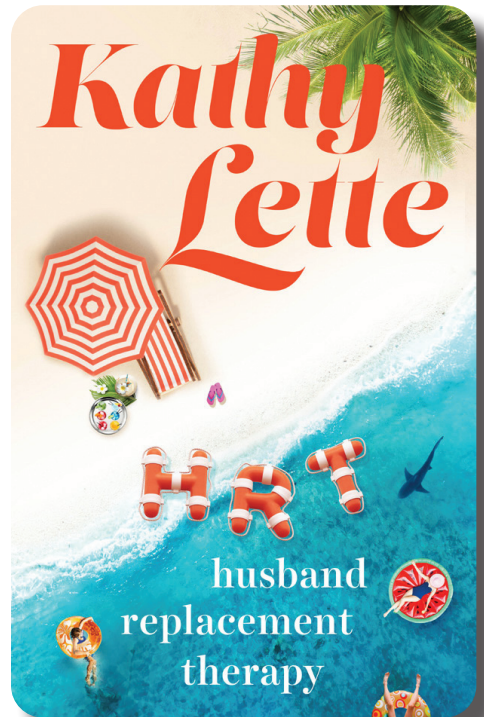
ABOUT THE BOOK:


What do you do when you're told you've got terminal cancer at 50? Take up crochet, get religion and bow out gracefully? Or upend your life and spend every remaining minute exploring new pleasures?

Ruby has always been the generous mediator among her friends, family and colleagues, which is why they have all turned up to celebrate her 50th birthday. But after a few too many glasses of champers, Ruby's speech doesn't exactly go to plan. Instead of delivering the witty and warm words her guests are expecting, Ruby takes her moment in the spotlight to reveal what she really thinks of every one of them. She also accuses her husband, Harry, of having an affair.

Saving the best till last, Ruby lambasts her octogenarian mother for a lifetime of playing her three daughters against each other. It's blisteringly brutal. As the stunned gathering gawks at Ruby, the birthday girl concludes her bravura monologue with the throwaway comment that she has terminal cancer. She has cashed in her life savings and plans on taking her two sisters cruising into the sunset for a dose of Husband Replacement Therapy. Courageous? Or ruthlessly selfish?

But, do they even want to go with her now that she's cast herself off into social Siberia?





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Corinna

one of the last wilderness frontiers on the planet

Corinna is an historic and remote settlement on the banks of a primitive river, that unlocks the secrets of the pristine Tarkine rainforest and the wild west coast.

A warm welcome, cosy wilderness retreats and great local food enhance the experience at one of the most inspiring places on earth.

Corinna is home of the Pieman River Cruise on the Arcadia.



the wilderness experience

Experience

An old gold mining town, Corinna has recently been transformed into a globally significant nature based visitor experience.

Nestled in pristine rainforest on the banks of the majestic Pieman River, this ancient setting shows a world beyond human memory. Corinna is an accessible starting point for visitors to connect with this remote wilderness, and experience nature in the raw.

Corinna's rich history spans the Tarkiner people, dating back 30,000 years, to the more recent pioneers and miners. A visit to Corinna allows guests to escape from the everyday, and to become immersed in a unique wilderness experience.

Explore

Access to the pristine wilderness can be made by kayaks on the Pieman and its tributaries, by foot on one of the many remarkable walks, or by river cruise.

Options range from short board walks to more challenging walks through primary rainforest. The amazing Lover's Falls has recently been made accessible with a board walk and viewing platform.

The Corinna to Pieman Head river cruise on the legendary Arcadia II is often described as the best river cruise in Tasmania. It provides an intimate connection with the rainforest and it's mirrored reflections and an experience of the wild west coast.

Enjoy

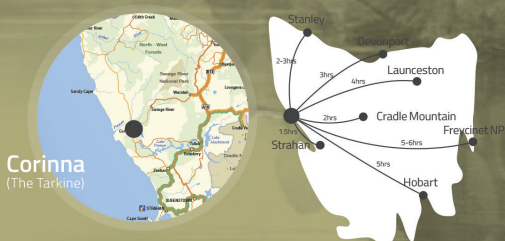
After exploring the wilderness, the Tarkine Hotel is the perfect place to unwind with a drink on the verandah, or by the fire.

The Tannin restaurant offers a range of delicious daily lunches and dinners using local Tasmanian produce. Guests can also cook in their retreats or on barbeques provided in the old produce store. Along with some provisions we also supply comprehensive barbeque and breakfast packs that are available on site.

Retreat

Relax and unwind in cosy one or two bedroom eco-friendly retreats, original miners cottages, the old guest house or riverside campsites are available. Curl up by fireplaces in each room, sink into comfortable beds, cook up a storm or simply watch the local quolls and wallabies from your verandah.

Corinna lies north of Strahan and west of Cradle Mountain. It is accessible from the north via Waratah, or from the south via Zeehan or Roseberry, by crossing the Pieman on the unique 'Fatman' barge.



Corinna
(The Tarkine)

Trip Advisor ●●●●●

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q research: THE BURNET INSTITUTE

New virus in bats linked to AIDS-like disease decimating koalas

Devastated by summer's unprecedented firestorms, Australia's koalas are facing a potentially more serious and enduring existential threat from a fellow mammal – the bat.

A new collaborative study led by Burnet Institute and CSIRO scientists reveals bats as a reservoir for a family of deadly viruses that cause an AIDS-like disease in koalas, a finding with important implications for the conservation of the iconic marsupial. The study also identified a new addition to the retrovirus family, the first infectious retrovirus found circulating in bats, discovered by co-lead author, Mary Tachedjian, a Senior Experimental Scientist at CSIRO, Australia's national science agency. Published in the prestigious journal PNAS (Proceedings of the National Academy of Sciences), the research reveals Australian and Asian bats to be carriers of multiple gammaretroviruses very closely related to the koala retrovirus, known as KoRV.

By depressing the immune system in a similar way to HIV in humans, KoRV renders the koala susceptible to cancers and infections including chlamydia – a cause of infertility, blindness and kidney failure – and is estimated to infect the majority of Australia's koalas. Co-lead author of the study, Burnet Research Officer, Dr Joshua Hayward, said retroviruses like HIV are known for being transmitted between different species, and the presence of infectious KoRV-like viruses in bats raises concerns for other Australian animals which could become infected.

"This could explain how KoRV-related viruses originally got to Australia from South-East Asia in the first place, and it highlights the role of bats as really important reservoirs of viruses that can be transmitted to other animal species," Dr. Hayward said. "Our nation is trying to conserve koala populations decimated by the fires, but how can they be protected from viruses? The existence and spread of KoRV and other infectious threats is something likely to concern conservation scientists."

Able to host but remain unaffected by viruses deadly to other mammals – including Ebola, Hendra and Coronaviruses – bats transmit viruses through their droppings and bodily fluids, putting animals that share their habitat, including the koala, at risk.



The new retrovirus discovered by the study that's closely related to KoRV, named Hervey pteropid gammaretrovirus (HPG), was found to be capable of replicating in human and bat cells in laboratory cell cultures.

Corresponding author of the study, Burnet Institute Head of Life Sciences, and President of the Australasian Virology Society, Professor Gilda Tachedjian, said: *"The further we encroach into bat habitats, the greater the chance of a spillover of viruses from bats to animals and humans, so the identification and characterisation of what viruses might be out there is really important."*

Dr Hayward said the study highlights the need for ongoing research into the impact of the spill over of viruses between species, and how we might harness bat antiviral mechanisms to prevent and control viral infections.

"A philanthropic foundation has already recognised the importance of this research and kick-started the next phase," he said. "Burnet is urgently seeking funding of an additional AUD \$73,000, which is a small sum given the devastating impact of KoRV on koalas."

This study was led by Burnet Institute and the Australian Centre for Disease Preparedness (formerly the Australian Animal Health Laboratory), Health and Biosecurity Business Unit CSIRO, with major contributions from the Robert Koch Institute, Centre for Biological Threats and Special Pathogens, and The University of Sydney School of Life and Environmental Sciences and Sydney Medical School, Sydney, Australia. This is unique research. Your donation to Burnet Institute will provide a significant boost to finding the answers why bats have incredible immunity and help our researchers understand how to adapt those findings to benefit humans. Your donation will also help save this unique mammal – the koala. Please visit our website. International donations via PayPal accepted also.

If you would like any further information about this research, please email Jason Hearn at Burnet Institute at jason.hearn@burnet.edu.au



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q arts: **SICILIAN OPERA CHORUS**

CHORUS OF THE SICILIAN OPERA: AMBASSADOR OF THE "BELCANTO" IN THE WORLD.
Choral institution established on the international scene

The Coro Lirico Siciliano (INTERNATIONAL OPERA AWARDS 2017) is a reality that in a few years has established itself in the musical, theatrical, operatic and symphonic national, becoming the official choir of the two major opera seasons of Sicily, the Taormina Opera Festival and the Luglio Musicale Trapanese.

The special care for vocality and style and the versatility of its choir members, allows the Chorus to address both the sophisticated, symphonic and sacred music and the robust traditional repertoire.

The Chorus, formed by choir artists coming from the different provinces of Sicily, performs concerts and operas successful with audiences and critics, and is regularly engaged by theaters within the region, nationally and internationally.

The intense concert season fits with the cultural activity: in this respect the Chorus has embarked on concentrated research, development and export of Sicilian Art at the national and international level. As well the Choir has rediscovered the most important Sicilian authors with the performance of lesser known or unpublished works of P. Mandanici, P. Vinci, G. Pacini, V. Moscuza, F. P. Neglia, V. Bellini (in particular "Zaira", with the extraordinary participation of some performers from the original cast of the world premiere in 1976). The Sicilian Lyric Chorus was responsible for the philological version of Zaira, presented in Catania at the Greek-Roman Theatre for the "Bellini Festival" in September 2012.

For its opera performances, the Choir was awarded of the Golden Opera Award "International Opera Awards - Oscar della Lirica" (2017) during an event broadcast by Chinese state television in front of a billion and a half spectators, the International Sicilian Prize "Il Paladino" on the occasion of the fortieth anniversary of that prize, Bellini Prize 2015, Belcanto Ambassador Prize, Academy of Arts Prize, and other very prestigious awards.

Collaborates with the Teatro Massimo "Vincenzo Bellini" (Catania), the Teatro Comunale di Bologna, Orchestra Sinfonica Siciliana, International Music Festival of Macao - China, China Opera Festival (Tianjin; Harbin; Xiamen; Canton; Nanchino; etc), the Orchestre national d'Île de France, etc. In the field of sacred music works with the International Week of Sacred Music of Monreale (PA) and was cast in numerous works broadcast, live from the Teatro Antico in Taormina, broadcast worldwide through the channels RAI (RAIuno and Rai5), SKY and circuit MICROCINEMA in over 700 cinemas worldwide. He has collaborated, among others, with José Carreras, Daniela Dessi, Fabio Armiliato, Gregory Kunde, Piero Giuliacci, Steven Mercurio, Giuliano Carella, Luciana Serra, Lucia Aliberti, Fiorenza Cossotto, Liu Jia, Marius Stravinsky, Sistine Chapel Choir, Donato Renzetti, Franco Zeffirelli, Grisha Asagaroff, Ralf Weikert, Andrea Bocelli.

In 2017 it inaugurated the Harbin Opera House, in China, with a New Year's gala with the special participation of the tenor José Carreras. Since 2019 it organizes the FESTIVAL DEI TEATRI DI PIETRA which unites the three main theaters of antiquity in Sicily: the ancient theater of Taormina, the Greek theater of Syracuse, the Greek theater of Tindari. Since 2018 it also organizes the prestigious GIUSEPPE DI STEFANO INTERNATIONAL AWARD which was awarded, among others, to important artists of the international opera scene (Cecilia Gasdia, Jessica Pratt, Nicola Martinucci, Giovanna Casolla, etc).

Prestigious prizes and awards, collaborations with some of the most important conductors, directors and artists on the world scene, are some of the objectives achieved by what is now considered one of the most famous choral institutions at an international level, ambassador of Italian culture and European and standard bearer of the artistic heritage of the beautiful country and of Bellini's eternal melody in the world.

PROMO CORO LIRICO SICILIANO

<https://www.youtube.com/watch?v=l8dOaiNlZDE>

V. Bellini - NORMA - Guerra! Guerra!

NORMA per il Festival Internazionale della Musica di Macao (Cina) diretto da Lu Jia

<https://www.youtube.com/watch?v=hgzgZRHlj7w>

C. Gounod - FAUST - Valzer - Lu Jia, Macao Orchestra, Coro Lirico Siciliano

<https://www.youtube.com/watch?v=LZuRqHcMAac>

G. Donizetti - ELISIR D'AMORE - R. WEIKERT



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q beauty: THE EVIDENCE IS CLEAR

Move over snail slime, a new skincare ingredient is set to take 2020 by storm. Found in the urine of mammals, including humans, Urea is a non-toxic protein by-product which plays an important role in the preservation of skin hydration and integrity. Often listed as Carbamide in various skincare formulations, this naturally occurring compound is synthetically replicated in cosmetics to combat dry, itchy, and flaky skin by attracting and binding to water molecules. Improving skin barrier function, Urea is considered the go-to treatment for problematic skin conditions such as hyperkeratosis, calluses, corns, psoriasis and eczema.

Designed to complement an evening skincare regimen, Evidence Skincare (ESK) today announces its latest cosmeceutical release, the Hydroxy Overnight Mask. Formulated with 5% Salicylic Acid, a Beta Hydroxy Acid (BHA), and 10% Urea, this versatile treatment actively assists in the management and treatment of acne, premature ageing and transepidermal water loss.

Penetrating the top epidermal layers and dissolving the intercellular junction (desmosomes) between healthy and dead skin cells, the mask gently exfoliates the face by breaking down structural keratin proteins and softening cornified skin cells. Offering a sebo-suppressive effect, this gentle formulation inhibits excess sebum production and purges the skin of bacterial debris and acne-causing microbes.

Considered a gentler alternative to Alpha Hydroxy Acids (AHAs), Salicylic Acid effectively treats and manages acne lesions, including post-inflammatory hyper-pigmentation, redness and pore size, by operating as a proven antibacterial and anti-inflammatory agent.

Serving as both a moisturiser and penetrative enhancer, Urea enables the Salicylic Acid to travel deep within the skin and address the physical signs of photodamage, including pigmentation, discolouration, texture, dullness, fines lines and wrinkles.

"Premature ageing is often packaged up with impaired skin barrier function," said Dr. Ginni Mansberg, co-founder of Evidence Skincare (ESK). "Our skin is susceptible to both biological and environmental stressors, sometimes simultaneously, so it was important for us to create an affordable product that scientifically tackles multiple skin concerns at once. The Hydroxy Overnight Mask does this in as quickly as one application."

As a local, ethical, and cruelty-free online business, Evidence Skincare (ESK) offers free shipping Australia-wide and provides customers with a money-back guarantee on all purchases.



The brand also offers a free online survey to assist customers with their skin concerns and learn more about the active ingredients best suited to their skin type - <https://www.eskcare.com/esk-skin-survey>

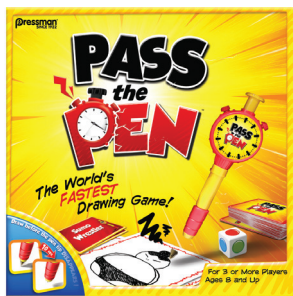
Designed to be used on freshly cleansed skin 1-2 times per week as a sleeping mask – or as a spot treatment when needed – the Hydroxy Overnight Mask retails for \$50 RRP and is available globally at www.eskcare.com.

q fun: CROWN & ANDREWS & GOLIATH

Thanks to COVID-19 we've got lots of quality time at home with our loved ones, and it's a perfect time to reconnect the family over a board game or two. Crown & Andrews and Goliath Games have four great games suitable for the whole family; Sequence, Pass the Pen, Pop! The Pig and Rubik's 3x3.

SEQUENCE

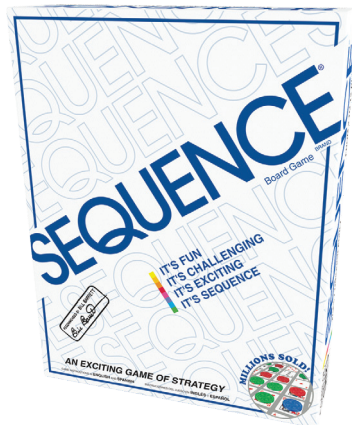
It's fun, it's challenging, it's exciting, it's Sequence! Play a card from your hand, and place a chip on a corresponding space on the game board. When you have five in a row, it's a Sequence. Learn to block your opponents or remove their chips, and watch out for the Jacks - they're wild! With a little strategy and luck, you'll be a winner. For 2-12 players, ages 7 and up. RRP \$29



PASS THE PEN (Available exclusively at Kmart)

With the pen tip disappearing as you play, you only have 10 seconds to draw while all the other players guess. Is that a hamburger? A snowman? A sumo wrestler? You earn points if someone gets it right; if not, you Pass the Pen to the next player, and they pick up where you left off! With over 500 objects to draw, it's

fast, fun and guaranteed to draw plenty of laughter from the whole family. Suitable 3 or more players ages 8+. RRP \$29



POP! the PIG

An international best-seller, Pop! The Pig keeps everyone on their toes. Simply spin the die, pop a hamburger into the pig's mouth, and if he eats too much, he will suddenly pop!

The whole family will love the suspense as you watch his belly grow. Pop! The Pig provides hours of family fun and is completely kid powered (no batteries needed). Suitable for 2-6 players aged 4+. RRP \$39.95

RUBIK'S 3X3

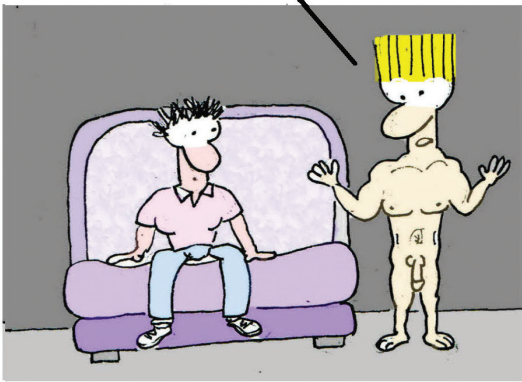
The Rubik's Cube has been a family favourite since the 80's, and if you're a fan then you're going to love Rubik's 3x3. Rubik's Cube has over 43 Quintillion possible moves and with practice you can learn to solve it in under 10 seconds. Rubik's 3X3 RRP \$29



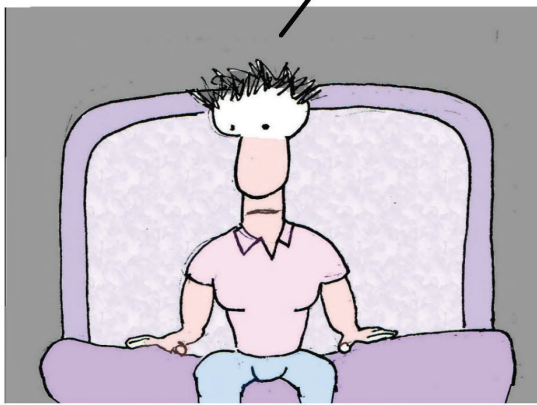
All of these games and a whole lot more from these companies are available in all good retail stores NOW.

Gaylord Blade

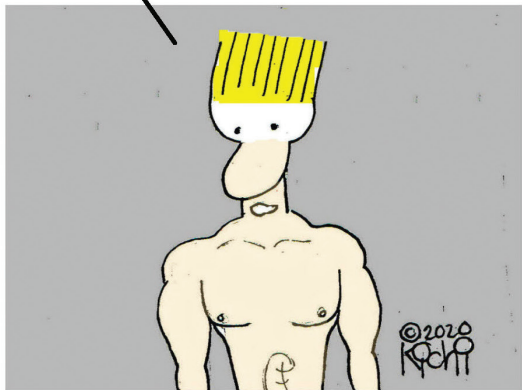
How can we have a one-night stand if you're still dressed?



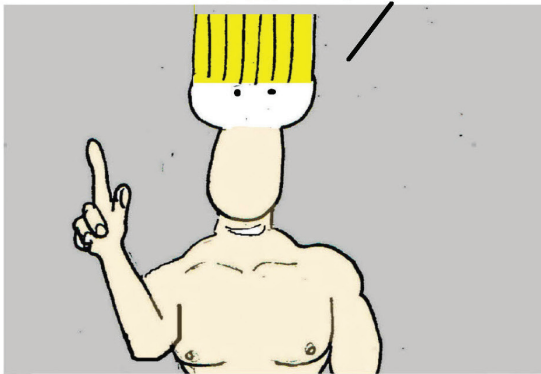
I'm shy about my small penis!



Don't be shy about that, mate



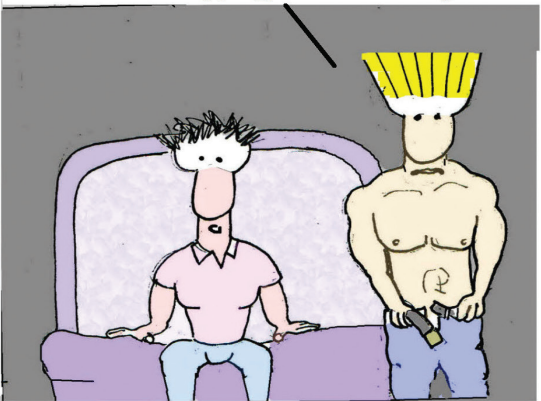
.. evolutionists say small penises were naturally selected so ...er ... so balls look bigger .. yes, that's it!



Then, what are large penises for?



For getting second dates with Gay men ... sorry, I gotta feed my cats





Your connection to
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travel businesses
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